

CRep007

Wed, Apr 12, 2023 9:09AM 2:31:32

SUMMARY KEYWORDS

experience, astral travel, mufon, people, good, experiencers, talk, book, realm, day, feel, question, contact, guests, point, fact, understand, absolutely, curious, podcast

SPEAKERS

Chris Jordan



Chris Jordan 00:17

Coming from the city of the weird exploring topics from the esoteric and unexplored, two dimensions are known. Shining a light of truth on the darkest corners of our reality. Welcome to the curious realm Well, hello, everybody, and welcome. Welcome. Welcome. Hello, everyone. Welcome to episode seven of the curious rounds, so glad to be rebranded with this show and be bringing on the guests that we've had on the show before, but bringing them on and exposing them to a whole new realm of people, a whole new realm of community that have come and joined us lately on Facebook. All kinds of stuff. Stop on by and check us out on Facebook folks curious realm is the group. That is where we post all kinds of stuff, news conversations, everything else. Some of the news of the week is what we start out the show with every week at of defense blog.com US Air Force fly surveillance unmanned aircraft over the Black Sea. Out of Futurism, FedEx asked permission to install anti missile lasers on its cargo jets. Shannon Caffee, a good friend of the show, has posted a fantastic video about some of the uncovering the cover up of the route 91 Not only shooting but the aftermath and the the horrible, horrible play on the hashtag mega strong that happen. That left hundreds and hundreds of people without victims funds at the independent.uk Tesla travels up 1200 kilometers on a single charge with a breakthrough new battery. And at a kcra.com a 555 point 55 carat Black Diamond believed to have come from outer space landed in Dubai. That is just some of the news of the week that we bring you every week, right there on Facebook. While you're online checking that out. Make sure to stop on by curious realm folks curious realm is where you can find all of the episodes. That's where you can find all of the upcoming events, things that we're going to like the upcoming Bigfoot conference in Mineola, Texas, where we'll have a booth doing interviews, things like the MUFON symposium, which our guest, our first guest tonight, self talk will actually be the emcee at coming up in Denver in July. We've also got the knowledge vault there. In addition to that, we've been quietly testing it in the background, but we are officially live. That is right not only live on Facebook, we have a lot of people on our Facebook group, and in our Facebook page who tune in they're like, hey, is there any way where else other than like the typical Facebook or YouTube that I can find this darn tootin You can find it right there on curious realm folks curious realm, forward slash WP stream forward slash live will get you there. And we are always streaming right there. Which means that if you download our free app available at curious realm.com forward slash app, you will be able to tune in directly on your mobile device. So you don't even have to be sitting in front of your

computer or dialed into a form of social media to check us out. We're there for you. And soon we'll have a 24/7 live player on that page as well. That'll just be randomly cycling episodes. You kinda have to have 24 hours worth of content before you can really realistically do that. I don't know I guess it's just the old radio producer of me that's like, you know, I really should have 24 hours of content poor before I say I've got a 24 hour live stream. So, but that is shortly coming. So stop on by check it out. Curious realm.com While you're online checking that out, make sure to stop on by our guests website. Planet seb.com. Seb talk is our first guest. She is an alien experiencer She is the author of The Amazing book. You have the right to talk to a Alien. She's one of the first authors that we actively got on this show. Whenever we started interviewing authors of this, of this type, things like that, and we're having her on tonight, because of course, like I said, she will be not only emceeing the upcoming MUFON event in Denver, but she is also a MUFON field investigator. And I have been wanting to have somebody on to talk about MUFON field investigations for quite a while. So welcome back to the show self talk. How are you?



05:32

Hello, Chris. It's a pleasure to be with you again and your listeners. Thank you.



Chris Jordan 05:38

Absolutely. You know, it's funny because I connect to guests through different platforms, you're one that we've always connected through the same way. And whenever I went on today, it was like, man, has it already been a year, since I've had seven on the show? Like it just it blew my mind on the platform to see like, it's been a year since we chatted, it was like, Wow, that really just kind of flew by. So catch us up. There has been so much that you have been involved with not only in the UFO community in the disclosure community, but in the community of esoteric spirituality, as well as the MUFON community. So catch us up on everything said that's been going on over the last maddening year across.



06:28

I'd say the last year, I I've been still conducting sole purpose sessions that I do with clients around the world. Still doing interviews around the world. And I have been offered a wonderful opportunity to be the master of ceremonies at the MUFON International Symposium. This summer in Denver. I am very honored and very excited. I was also on a Canadian TV show. I was featured in one of the episodes. It's a docu series. It's called UFO encounters. And I'm in the episode about physical contact. And it also features my friend Terry Lovelace. And we talk about our experiences. It also has Preston Dennett and Alexis books and some others talking about ET contact. I have my youtube channel alien spirit TV. This year, I'm gonna put up a lot more videos on social media, Instagram, Facebook, I have a newsletter. I started my second book. And what's been keeping me really busy, busiest of all is talking to doctors around the world so



Chris Jordan 08:01

we seem to be losing a little bit there. So if you could repeat that for us please

WE SEEM TO BE LOSING A LITTLE BIT THERE. SO IF YOU COULD REPEAT THAT FOR US PLEASE.



08:20

My website



Chris Jordan 08:26

okay. Wow, you just wait crazy robot there for a second sev. Repeat the last 30 seconds for us. Wow. Like I have had some really interesting audio issues in my day. But never once have I had it where it sounded like somebody's voice was being fast forwarded back to the point of conversation that was wild. So we're talking about the Canadian show with Terry Lovelace talking about all the fantastic stuff with MUFON coming up. So



09:07

yes, okay, so the Canadian TV show and yes, I'm really busy with helping experiencers around the world. So experiences can contact me through my website, Planet sap.com. And there's a portal in there called Tell me your et story. And it's confidential. Tell me your contact story and I will respond to you and I will help you as much as I can. And besides that, I also have experiences through MUFON, the Mutual UFO Network, which is the largest UFO organization in the world. I'm a field investigator for North Carolina. And this year, I became a member of the experienced resource team, which is made up of about 55 P from around the world, and we deal specifically with people who've made contact.



Chris Jordan 10:08

Wow. And now when when you make when you say made contacts have in, in what classification of contact because of course, as, as some may know, some may not in the audience, there are many classifications of, quote, contact with extraterrestrial species, you know, Close Encounters of the first guy, and second, third fourth. So that precisely what kind of contact are we talking about here as we get into this conversation?



10:43

Well, for the experience a resource team, it's people who've made contact with alien being and who has either been shown something or given information or been in the spacecraft told about the hybridization program, there's a lot of different scenarios. With the field investigation, that's mostly people seeing lights in the sky or ships in the sky. The field investigation work doesn't really get into the face to face ET contact, like the experience a resource team does.



Chris Jordan 11:31

In that would make sense to have a different field team working on different aspects of things, once things get a different level that it gets turned over. Now, how did you become a part of

that experiencer team?



11:48

Well, when I first became a field investigator was something that I was interested in Kathleen Martin, you stay ahead the experience, a resource team, also known as AR, T, and C, and I become friends, she's been a big help to me in my life and a mentor. And she was telling me that she thought I would like being on the experience resource team. So we have to be a field investigator for a little bit, I had to get, I think about a dozen cases, 10 cases. And then I could apply Well, before I applied, they reached out to me, experienced the resource team did and asked me if I'd be interested. And of course, and I was interviewed, and I was accepted. And basically, what we provide is just a non judgmental, supportive ear. We're not here to really provide any answers. We're not here to explain things. We're not here to validate anything, we just give you the opportunity to tell us what happened. And we can share with you our personal experiences to help you. And sometimes I talk with experiencers for years or months, it's rarely just a one off. It's rarely just a one conversation.



c Chris Jordan 13:11

Well, and I guess it's some point, I would suppose the A being an experiencer, yourself, actively helps open that bridge of communication?



13:24

Yes, yes. Because I can identify with as much as what they're saying.



c Chris Jordan 13:31

Well, let's, let's start getting into some of the cases that you have actually come across. I mean, of course, we can't get into names or full situations, things like that, because you want to protect privacy, and of course, want to guard as much of the investigation as possible until things are done. But what kind of situations have you come to see during even your short time on the experience routine?



14:01

Well, there's quite a few of them. I can tell you about a couple. Well, this one actually came as filled investigative work, and then went into the ER t. So I was first given the case of this gentleman, a young gentleman who lives in North Carolina. I live in North Carolina. I live right on the water on the inner banks. And so most of my cases come from North Carolina or the states around it. And this gentleman was driving to work. This was in the Farmville area of North Carolina that was driving to work. It was around 5am In the morning, and there aren't many cars on the road and he looks in his rearview mirror and he doesn't see any cars really behind them or even in front of them. And then he notices on the left side of this triangular craft, slowly coming over the tops of the two rays, and then coming over his car. And he can

see it very clearly. It's huge. It's blocking out the stars. And he picks up the phone and he calls his girlfriend, and he's talking to her while this craft is going over him. And he has seen UFOs before. So it didn't freak him out because he's seen them before. But it was very large. And it was very quiet, and it went right over his head. Wow. So then two weeks later, he has a baby, his wife has a baby. And he falls asleep on the couch. And he's awakened by this being this silvery star being that is walking floating towards him carrying a baby, which is also like a star being and they're getting closer and he can't move, and closer and closer. And then he doesn't remember anything anymore. Wow. So the question is, why did he see a star being carrying a star being baby, right when he had a baby? And what's the correlation? Is this the hybridization program? Is he a hybrid? Is this child a hybrid? Is he a star being it brings up so many questions. And he was a believer of the hybridization program, he didn't think too much of it. And of course, we now know that there are a lot of babies and a lot of children these days are very unusual in their abilities, also in their cognitive abilities. And also in their spiritual understanding. Some of these kids seem to develop very quickly and are very wise. And he does have a little girl that is way ahead of her years. So it could very well be that he is evolved with the hybridization program. Wow.



Chris Jordan 17:03

Now, for a guest that may not be familiar, let's get into the hybridization program real quick and what that concept is.



17:17

Okay, I can't just tell you my experience with it. And my experience with the hybrid hybridization program involves the grace. Back in around 2012, I was shown a baby in a tube. And I drew a picture of it, it's in my book, you have the right to talk to aliens. And I was in this dark room and there was this tube in front of me that was a little taller than I am and about as wide as I am. And there's liquid in this tube and there's a baby floating in the tube. And the baby's eyes are open. And they're the brightest blue eyes I've ever seen in my life. And even though the leg of the baby was positioned such that I couldn't tell it sex, I knew it was a boy. And then I felt that there was something behind me. So I turned around, and there were three Gray's tall, medium, and short. And this is before I even knew that they come in various sizes. And they telepathically said to me, they were very nice. They said, Oh, take your time, take all the time you need we'll just be sitting or we'll just be standing back here waiting for you. Just go ahead, everything's okay. And I turned that around. And I looked at this baby. And I was really confused. Because I felt nothing for this baby. And then thing the next thing I know, I'm wide awake in my bedroom. And I didn't tell anybody that I just hit that I didn't tell anyone back then I wasn't out I had not come out. Well, about four years later, I was in Roswell, New Mexico, with my ex boyfriend and we had an incident where the grace came and they gave me information about the hybridization program. And they reminded me of the baby in the tube. And they said that in their race, they pretty much annihilated their ability to express sympathy and empathy. And if you can't do that your race is gonna die off. So they are in a hybridization program with humans slicing and dicing DNA to create these beings that are very loving, very empathetic, very sympathetic, and there are millions of people in the hybridization Shouldn't program most who don't even know it, and there are billions of these embryos. And these embryos have been designed so that the very loving, and a lot of the humans that are involved are involved in this program, because they are loving, they tend to be very kind people, they

tend to be people who are helping others. And they also tend to have more than average, psychic or paranormal ability. This isn't all the people, but this is most of the people who are involved in the hybridization program, from what I was told. And I was also told that it's not inevitable that we're going to kill ourselves off. It's possible. It's possible, it's not too late. And but if we do, then these billions of embryos will be used to receive this planet.

c

Chris Jordan 21:03

Interesting, interesting.

o

21:07

Now, I have a lot of experiencers, who are being given information about the hybridization program, who are being told they're involved in it, and who are also being told that they have hybrid children. And some experiences are shown these hybrid children, I was shown two hybrid babies that were very, very sickly. And this is where we might enter a my lab situation or milab, military lab abduction, which I have conscious memories of, because I was handed these two babies by this human man in a lab coat and there was a human nurse in the room. And the babies were swaddled so much, it's so much fabric around them all, I could just see where their heads and they were crying, and coughing up blood. And this human male doctor in the lab coat wanted me to put my hands on the baby and heal them. And it also felt like I was getting my final test. And so the first baby I did, and I put my hands on it and tried to heal it, it was coughing up blood. But they brought me another baby. And this baby started to roll off the table. So I grabbed all its fabric that it was swaddled in, and then I saw its body, because his head looked normal look like a normal human. But His body did not. It was like skinny skinny neck, skinny arms, skinny body, it freaked me out so much. And then I'm back into 3d reality. I don't remember anything after that. And so there are experiences who told me that they've met their hybrid children, they held their hybrid children, they talked with their hybrid children, they could feel a bond. And there was some something we're understanding important. These greys are understanding that for this embryo, not all of these embryos are being allowed to grow into children or people but the ones that are, it seems to be a very important step in the growth of this hybrid child to be able to connect with its mother.

c

Chris Jordan 23:30

Wow. Now, you, you yourself, have had numerous contact experiences, which is what led you to write the book you have the right to talk the aliens, you you yourself were actively marked in your

o

23:55

and that's a good way to put it naturally.

c

Chris Jordan 23:57

I mean, there there are a lot of you know, even when it comes to domestic violence

I mean, there, there are a lot of you know, even when it comes to demoniacal possession, spirits, things like that there are a lot of people that make claim to these injuries. There's a difference when you have an indelible permanent mark on your body from it.



24:20

Well, it did go away there were two of them. There were two x's and they did go away. But I have yet to hear from an experiencer who has an x like that so far I have not met anyone. Even Kathleen Martin who I first went to for help because I freaked out told me that she hadn't seen an X either.



c Chris Jordan 24:41

And with with that x being put on, you know, not once but twice. Like I said you had more than one experience was it the fact that because you know there. You belong to a lot of the same communities I do online. There's a lot of people out there that are like, beam me up now. Come, come, come take me now please remove me from the madness here. I want to go to the Enlightened place. Was it the fact that your first experience was a happy experience set? Was it a good experience? What what was? did things change for you over time? With your experiences?



25:25

That's a good question. My first conscious memories are from when I was age 10. And a being would come to me in a craft for a couple of years. And that was a happy experience, because that being that resembled a human male, but it was a little different. I was so happy to see him, it was like seeing my brother very, very, very happy. And that lasted a couple years. And then there was a final goodbye, which was very sad. And I was with a group of other children, which I had never been with before. And when we just watched him fly away, I just realized, Oh, I gotta do my work now. But I didn't know what that meant. And then I would find myself back in fifth in my bedroom, and then I'd have to get dressed and go to fifth grade, sixth grade. And I just forget it. And now decades later, I'm starting to realize what that work might be. And so that's from the age 10, I got these red X's on my tush, in 2017. And so a lot of decades went by from age 10, to 2017. And in between all that time, I did continue to have contact, a lot of it happening it around 2010 2011 When my marriage ended, and I was living on my own in an apartment, and that just seemed to open the doors. And a lot happened. And so since then, it's been pretty busy. And I've come in contact with a variety of different beings. And now, now, I feel very safe. When the when the greys first contacted me, I was very afraid of them. I've been in contact with them a few times. And like when they put the x's on me that was back when I felt the Grace were horrible and evil. And they were making fun of me and just toying with me and aggravating me on purpose. But now, I realized that's not the case at all. In fact, they're helping me. And I'm very grateful for their help. What so there's been a huge movement in my mind as to who the greys are and my relationship to them.



c Chris Jordan 27:52

What was it? Do you think back at what point did that pivot happen? For you as far as your

relationship with their visitations? Your reaction to their visitation.



28:07

There was a to access because then I couldn't deny it. I mean, that's like, the rug of life was just yanked right out from under my feet. I'm like, Okay, this whole entire lifetime of mine, I've been trying to hide this. And it's real. It is absolutely real. So what am I doing at night hanging out with ETs? Why am I hanging out with them? Why are they putting X's on me? Who am I? Who are we? And we're not being told the truth. And that's when everything changed for me for the better, because I decided to get help. That's when I met Kathy Martin through MUFON. And with her help, I allowed myself to process decade's worth of experiences. And then one day I woke up and I decided to write a book. And then shortly after the book came out, I was invited to be a speaker at alien con in Baltimore. And that I recall that fantastic. Yes. And that's when I realized, oh, my gosh, there's so many people seeing your photos and having contact. And I realized that's where I want to do I want to help experiences. Well,



Chris Jordan 29:29

and well, like I told you before the show, I cannot think of a better advocate, to be out there as a member of a response team, like you're talking about than someone like use of you. You are the hardest biggest and such an incredible understanding of this stuff. Now we had a listener and community member who was asked the question Where were you initially communicate? Were your communications, initially physical communications, were they? Were they straight up visitations that were physical? Or did they happen through psychical telepathic means?



30:18

Yeah. Oh, I love that question. Thank you for asking that both. And that's a really great topic that I would like to talk about, because we're seeing a shift from people having 3d experiences, like the typical experience driving down the road, and then you have missing time, or you're camping, or whatever. Yeah, we're seeing a shift from that to more of a consciousness aspect to more of a interdimensional experience that's happening in multiple dimensions. And this is fascinating to me. And we're also seeing that people are making contact in these states in these different states. And this these different strata of frequency, and they think their dreams, but they're not they're real. And so one thing that I do a lot is to help experiences distinguish between the real experience in a dream, they can tell the difference, you can tell the difference. Once you're ready to admit it, the difference is really easy to identify.



Chris Jordan 31:40

Yeah, yeah. And, you know, it's interesting, because our second guest tonight, we're talking about, specifically astral travel, the, the good things, the bad things, you know, and it's one of those that it's interesting that you bring up the fact that more encounters are starting to happen like this, because much like I asked Lindsay, later, I'll ask you the same thing. Do you think that it is something that it's because people are reaching out more? You know, and is that

an advisable thing, necessarily, to be reaching out more, you know, the same way that Stephen Hawking was, like, Sure, send messages out? What are you going to do if they show up? Cuz I mean, you know, we posed with Jared Murphy a couple of weeks ago, like, think about any messages, except for perhaps direct messages going out telepathically, things like that. But think about it, if they were just scanning the frequencies and happened across our transmissions, think about what you would think about a sev. If you were just like rolling down the road one day, and randomly this stuff came up on your radio. And all you see in here is war and power to everything out of context, you have zero context of what humanity is and what we're driven by. But all you see is what we have transmitted. Audio and video was, that would be a really messed up. Way to wait to just like a slice of a pie to see a society buy into humanity by globe over, you know,



33:39

yes. And that's what prevents a mass landing right now, because that would turn it very violent. Yeah. So why is there a shift in experiences, experiences moving from 3d to multi dimensional, and I think experiences have always been multi dimensional. It's just now that we're starting to focus on our consciousness and our multi dimensional reality that we're starting to become aware that we are having experiences and other realms at the same time that you and I sit here, you and I are also having experiences in the other rooms. And so it's I think it's a combination of people becoming more aware. And so the paranormal senses are the extrasensory abilities that we have kick in. And some of us are also more focused on strengthening our psychic abilities. And I actually have a new online class about strengthening your psychic abilities, which I had a really fun time putting together. And what was I saying before that about the experiencer Oh, okay. And so it's a combination of the awareness. And it's also a combination of ETs beings that are in contact with us can see our growth, and they they understand and very clearly see how we are maturing and how we're spiritually blooming. And so it could very well be that as more and more and more of us are seeking at contact, or contact with other worldly beings, they are showing up. And is it safe to communicate with an 80? Yes, it's very safe. In fact, on my Youtube, channel, alien spirit TV, I have a few videos about how you can channel or you can connect with otherworldly beings and I have meditations in there to help you do it too. And the most important thing is, what is the energy that you're radiating, if you're radiating a lot of fear, you're gonna align with beings that also radiate with fear. And that could be an experience that is not comfortable. If you're, if you're radiating a higher frequency, you will come in contact with beings of higher frequency, and your experiences will be much more loving, and kind. So it's really important to look at what vibe Are you sending out it's not just through the dimensions to the other worlds, but look at your life here. And you can very clearly see what kind of vibe you're you are radiating by taking a good look at your life, and your fulfillment level and your friends and the quality of how you live.



Chris Jordan 36:43

Absolutely. I mean, I have personally I've, I've got the CE five app on my phone from from Dr. Richard Greer. I've been wanting to get him on the show to talk about it. Because I think it's a very interesting concept, the whole idea of mass meditation for for a specific end of communication. And, and the fact of let's get together in a group, so that this witnessing is not

done by a solo person, but rather the whole group. Being together. What do you what do you make of things like the CE five app, stuff like that? Have you have you seen that or had any experience with it yet?



37:34

Well, I haven't been to a C five yet. And there was one a few hours for me here in North Carolina, that I'd like to go to. But I'm a big proponent. I'm an advocate. I think they're wonderful. Of course, mass meditation works. Sure. Because it's just energy. And yeah, I'm all about sea fives and I look forward to the day that I go to one. I do not have night vision goggles. Do you do you?



c Chris Jordan 38:10

Oh, I'm working on it says I have I have more than one tool. I mean, you can see my Geiger counter behind me over here. I've got all kinds of RS RF detection equipment because of my job, audio technician. All kinds of stuff but believe me, night vision is high up on my list. That metal detector got to have a good metal these things. But I've got like trifield meters all kinds magnetometers. Like I got



38:46

everything that goes into a MUFON field investigators believe



c Chris Jordan 38:49

me I have considered taking your course. Because you Texas, Texas is like the second largest in the within the 50 states for MUFON reports.



39:05

Yes, it is every month on my face book. I post the top 10 states and the top five countries was the most reports to move on. And Texas is in there often. Yeah.



c Chris Jordan 39:22

Yeah. And it's got a pretty active group on Facebook. I'm a MUFON. member. I don't think that we have an Austin chapter. I think San Antonio is the closest. But we did have a question from another listener from Laura McNair. How do you how do you feel this ties in with star seed origins? Especially whenever you're talking about the hybridization program? Is it something along the lines of that is the source of star seed children or is it more the fact of star seed children are more targeted for the hybridization program.



40:05

No, that's good. Hi, Laura. Thank you. Well, what exactly do we mean by star seed, it's it's a term that we use very loosely now is star seed a being that comes directly from another galaxy and doesn't have any human DNA in it? Or is the star seed hybrid itself? It depends on your definition. So I don't know Laura's definition. I believe that we all have et DNA, we're all star seeds, oil from the stars. And some of us have activated our et DNA more than others. And some of us have more at DNA than others. And I do talk about I make videos I write about activating your DNA. So that you can, you can raise your frequency, which then allows your higher frequency DNA to activate, which then makes it easier for you to align with your purpose, and to find peace, and to strengthen your ESP and paranormal abilities. Basically, when you activate your higher frequency DNA, you do tend to be a more content a happier, a more dynamic person. And I think we're all capable of activating our et DNA. Like I said, some have more than others. So I'm not I don't know if I answered Laura's question. We can start seeing me so many things to so many different people. But those are just some of the things that we think about what exactly is a star? See, what's your definition of a star seed? And also are humans purely human? Are they 100% Earthlings?



c Chris Jordan 42:06

Yeah, yeah, that's a that's a question in and of itself because of course we just kind of bring it's interesting I We talk all the time on the show about how there seems to be as a religion behind modern science it's hilarious because of how long religions persecuted science and now it's it's as though sciences and fallible and, and it's one of those it's like, you know what's funny? I've got an astronomy book from when I made an A plus, in astronomy. That list Pluto is a planet. Yet still my son's planetary chart became came out a year and a half ago. Pluto was a planet. So obviously, you know, science is supposed to flex it's supposed to change. And it's supposed to be willing to change on a dime if that's what things show. And Laura, Laura actually mentioned the fact that you nailed that for her. So thank you so much for being able to answer people's questions in near real time. Yeah, you know, it really does. It really does help that and I think a lot of people have that question right now says especially with everything going on in the disclosure community, everything going on with disclosure in the media, whether it's full disclosure, a soft disclosure, however you choose to see it there is definitely something going on that the consciousness of this is shifting



44:02

it's nice, I like it.



c Chris Jordan 44:04

It's the same here and it's it's funny to me because of course it's one of those like some of us have been seeing these things for years have I'm sure you as an experiencer have been saying these things for years so it's kind of like well, thank you so much for finally catching up everybody.



44:22

Yeah, kind of kind of kind of caught up not quite. Yeah, it is pretty cool that you can have a UFO report on your nightly local news now nobody really bats an eye that is really extraordinary.



c Chris Jordan 44:40

Well, not only that, but it goes beyond the local and that local story will be picked up by the National affiliates now. In and not and not necessarily run as like, well before we go here's Rocky the squirrel in another story. You know, which is what, which, which is what it was for so entirely long, you know, like there's the there's the water ski and squirrel. Now hold on through the commercial because we got another weird story than the weather with Ron. And now, thanks to people and granted thanks to people who have been working tirelessly for years, the likes of Linda Moulton Howe, Kathleen Martin. Just to name a couple, Jeremy Korbel, Lou Elizondo those kinds of folks that this thing has kind of come out into the mainstream and it's very interesting to me. How it's not only become so mainstream, but now very rapidly. There is a pentagon office to look into it.



45:53

Yeah. Awareness now name. I can't even remember the name. Do you remember the name of that ridiculous name?



c Chris Jordan 46:00

Yeah, it's Hold on just a second. I can bring it up a whole bunch. Yay, I It's absolutely interesting. Yes, the airborne object. Let's see identification and management synchronization group. There you go, folks. Oy, Ms. Gi,



46:38

Ms. G.



c Chris Jordan 46:40

Yes, the airborne object identification and management synchronization group.



46:45

Okay, so why did they do that? You know, they did that on purpose. Why do you think they gave us such a silly name? Well, I



c Chris Jordan 46:52

mean, I think that a management and seat management synchronization group, I think is a big, big, big key there. Whenever Whenever you see that, because it's one of those that's like, Okay, this goes beyond any level in and of itself. It's an all encompassing group. Yeah. From from all sides of the armed forces. Because I mean, not not to discount anybody's experience on the Nimitz. Not at all, not the pilots, not anything. But there were a lot of weird things that happen there, man, when when you're talking about one branch of the military coming onto the vessel of another branch of the military, and taking the black boxes of planes that don't belong to them, you know, there's just a few things like that, that are like, wow, that's really, really odd. And would not be a typical practice where it's like, an admiral or commander on a on an aircraft carrier, would just let the air force on to come and take the black boxes off their jets. But that's what happened. So we're weird things like that. So whenever you see these offices pop up, it's it's really one of those like, the Space Force was no secret, the fact that it was being built and set out for years and years and years, you know, in the thing that I've held on this show the whole time, sad is that what we are seeing is absolutely disclosure, most definitely. Because the next realm of technology that is coming into our reality right now, is sourced from that. Now is what we're seeing extraterrestrial, maybe more than likely at some extreme technology that's been reverse engineered and taken to the next level, or as far as we can take it. And it's being tested. Which, once again, still disclosure, but it's its disclosure, from the side door with the means by which to patent a whole bunch of stuff and make billions of dollars for the means of war, or, Hey, you know, this is the next fiber optic network, what have you. But literally the only way to explain the next leap of technology that will be available, is where where it came from.



49:38

That's correct. And that brings us back to my lab, because in milab it's either my lab or milab. Grant Cameron says it should be Milap so I'm gonna call it Milap. It brings me back to the milab experience. is because the government knows who's in contact, they know. And so they're poking at us for information. And that's what these milab experiences are it's information and what they want to get from us. And I have determine this from my own experiences and from speaking to other experiencers. By the way, Melinda Leslie is like the queen of milab, she is probably the person who has the most information about the milab, if anybody wants to look into Melinda Leslie, who was, yeah. And okay, so what the kind of information that the government is looking for, and asking for and coercing sometimes from people experiences, is information that has to do with technology, information about the future, information about paranormal abilities, and also information about spirituality. Because we're getting information, just about every single experience that comes in contact with an 80 Get some kind of beautiful information about how we're all one, and we're all autonomous at the same time, and to follow our hearts and to love as much as possible. And the information that we're being given does not really uphold the way we things are run on Earth, meaning the information that we're being given makes us feel like the government is controlling us like sheep, and it doesn't feel right. Yeah. And so this information, the spiritual information that we're getting is not information that government wants us to have, because it's empowering.



Chris Jordan 52:04

Yeah, yeah, it's kinda kind of that quote, freeing from The Matrix moment. So to speak. Now, we had another listener ask about, about alien DNA, Rh negative, things like that. What do you do? Especially in regards to the alien alien hybridization program? Is there anything that is

Q: Especially in regards to the RH and hybridization programs, is there anything that is specifically looked for with that? Is there any any showing proof of alien DNA through MUFON investigations or anything like that?

52:46

Oh, that's such a good question. You mean, have has anyone identified E T DNA? Yeah, not that I know. I wish one day it'll happen. Yes. And as far as the RH negative, I don't really know that much about it, other than I know that it's talked about. It's not the only sign that someone's a hybrid, I think there might be, in my personal opinion, maybe too much focus placed on that. Did I answer the questions? I think

C Chris Jordan 53:19

so. I think so. What do you think, at least from your investigations and things that you've done thus far? With MUFON? What? What seems to be I guess the the biological profile of a contact D have you? Have you been able to come anywhere close to that yet? What is what is the generality that you see? Amongst case?

53:46

Oh, that's, that's good. So biologically, no, we haven't done any biological tests. But we do. There are some markers so to speak. For instance, there are many commonalities between experiences and if you're listening and if if you can say yes, or if you've had any of these experiences, it could be experiences it could be well that you have made ET contact for instance, a lot of experiencers have missing time. They wake up in the middle of the night to to beings in the room that they might not be able to see but they can feel them they can feel their presence so they can feel actually feel that touching them or they can feel them walking on their bed. Another one is sometimes reoccurring dreams or nightmares about alien abduction. Also, marks on the body, not just the x's I had, but scoop marks are very popular. I remember looking down on my wrist once, and there was a scoop of skin missing. Oh, no blood, no blood at all. No scab nothing. So I'm looking and this is back when I was in denial. And I'm looking at this scoop of skin missing. I'm like, when did that happen? How did that happen? Why is there no blood? Why did it hurt? Because you know, a paper hurt cuts like a hurts like hell yeah. And I have a super scoop of skin. Feel it? Yeah, also bruises. Some of the most common places for bruises and cuts and also geometric patterns to show up are in the thighs, especially of women. On the forehead, I have seen triangular marks stamped right in the middle of the forehead, where we think the third eye is also on the arms, on the legs, on the ankles, on the wrists, sometimes also on the back, but that's much harder to find. So those would be the most common areas where there's physical sides of contact. There's also alien implants that people have had. I don't know of any definitely that I have. I mean, I had strange little things like under my skin that move but I can't say they're alien implants. Also nosebleeds that's pretty common if you wake up in the morning and your nose is bleeding or There's blood on your pillow. Another thing is becoming more psychic, like we talked about earlier, more psychic after ET contact than you were before. And also, do you have a just this weird fear of ETs? Most of my life I had an unexplainable fear of grace. You know, Whitley Strieber. His famous book, communion has a picture of that gray on it. And I could not look at that book. I couldn't look at

that book at all. And I couldn't watch a movie about grace. I couldn't read any books about experiences or abduction, nothing like I read and saw nothing. It was too much. And so if you have that kind of irrational fear, that's a sign

 Chris Jordan 57:31

Hmm. Interesting in you were one that you had paranormal experiences very young, was not something outside of the realm of your family, to have experiences or even to be open to talking about these experiences, especially in your home country before you moved here.

 57:59

Well, in Turkey, I can't say they're more accepting than the US I have found that Canada's pretty accepting and England is pretty accepting. I found that through the interviews that I've done and also with the experiences that I've spoken to,

 Chris Jordan 58:13

not necessarily more accepting, but more more accepting of the fact of okay, something strange happened.

 58:23

Oh, and a belief in the paranormal. Sure. Yeah. Yes. You're absolutely right about that. Because Turkish and Turkey people, Turkey people

 Chris Jordan 58:37

you're the best,

 58:38

it's 10 o'clock or this is bad. Okay. So I'm drinking coffee. Okay. But yes, Turkish people and many people around the world except for Americans do believe wholeheartedly, and otherworldly beings? Yeah,

 Chris Jordan 59:01

absolutely. It's it's not something that strange or out of the ordinary or if you hear a kid talking about it that the family's like What's up with him?



59:10

Exactly.



Chris Jordan 59:12

Hey, even my son as of late seven and a half years old. He's cute. He's a thank you. Thank you. He's a he's a scam. The little one. But man, he comes in. When he comes in at three in the morning. And he's talking about the screams Yeah, like I'm not even joking. When he's like, yeah, the screams woke me up again. Like the screams what are these screams you're hearing at 330 in the morning boy. Yeah, I've been I've been working with him and trying to trying to coax it out of him and he so far as I can tell, like he's he's a good people that sound like It's like, whoa, who are you hearing



1:00:05

that? And



Chris Jordan 1:00:07

I have no doubt. I mean, you have heard me say it before on this show, I have had my own experiences. And the whole reason I talk about any of these as openly as we do, is because we have to talk about it, we have to be willing to talk about these these odd things that happen. And for me to just call my even if he is four and a half years old, for me to just dismiss what he's saying.



1:00:37

Oh, no, he wouldn't do this.



Chris Jordan 1:00:39

He has no reason to. He has no at 330 in the morning, waking up as groggy as he is, he has no reason whatsoever to be making up a story. Oh,



1:00:49

no. And at that age, this still connected. They're connected to the other worlds. Uh huh. Well,



Chris Jordan 1:00:57

and before we let you go, Seth, let's let's talk about that real quick. Let's talk about that connection. Because we answered jeans question earlier about what was it physical connection? Or psychic connection? telepathic connection? What? What can people do to? Once

again, our guests coming up after you is all about astral travel, the do's the don'ts? You know, much like I love the idea of the CE five app? Is everybody adept enough at meditation to discern good from bad? From what portal they may open? Or what entity may come about? And I guess that's the question that I would like to leave you with tonight is how do we? How do we learn to discern that with our experiences, how do we learn to discern? Was my experience that I just had? I don't think any experiences for the bad? Let's get that clear. Because you're always gonna learn something. But was this a good entity that I just had an experience with? Or was it something in the guise of a good entity that is there to perhaps find a portal in to find a way to harvest negative energy or enable negative energies, things like that?

1:02:39

Okay, that's good. So first, as I had said earlier, it's really important. The frequency that you radiate, the higher your frequency, the better, you're going to align with other beings of higher frequency, which are loving and kind. And like, also, like I said earlier, if you really do want to make contact with ETs, and if you really do want to raise your frequency, and activate your interdimensional DNA, I do have videos on my YouTube channel, they're free, helping you do that. And I also have guided meditations at the end that are very helpful and people have made contact using the guided meditations and listening to these videos. And, also, please know that you are in total control. When you are in communication with another worldly being, I did have an incident with an astral men and black, which was very scary. And it was very negative and very powerful and very strong. And it felt like it was trying to just take over me. And we had an energetic battle, because I knew that I'm in control and it is not. And so it was a battle like I was fighting because it felt like it, it felt like it wanted to come inside of me and just grab my essence and just suck it out of me. And it came because I had a friend who was visiting. And this was attached to my friend. And when it finally understood that I am serious that it will not win, it cannot take over it left. And I realized after that if you do not know that you are in control, and if you do not know that it's what you say and if you don't want to talk to a being you don't have to it is very, very easy to succumb to some of these negative energies because they're very strong.

c Chris Jordan 1:04:46

Absolutely. Excuse me, no worries.

1:04:50

And forget that you're in control. That's really the number one thing you are in control. If at any moment you feel uncomfortable. If you just stopped to communication, one thing I do is I always ask, do you have my best interests at heart? But really, the most important thing is, well, I can't say it's the most important thing, but it's how you feel about the entity that's going to give you your answer. Not so much asking, do you have my best interests at heart? Gonna say yes, but how does this entity make you feel? Yeah, and go along with that?

c Chris Jordan 1:05:27

Yeah, absolutely. It's one of those if, hey, if, if you walk into the party on a Friday night, that just feels like you don't need to be there for some reason you should really listen to it doesn't matter who you came with, or why you went there, man, if you walk through the door, and like, your belly button just tickles the wrong way. And you're like, I don't know why I'm here.



1:05:51

You know, I need to now let's say



c Chris Jordan 1:05:58

who hasn't walked into a room and gone? Like, where's that shiver come from? You know, and at that point, just keep on going. So yeah, when you get that shiver, pay attention to it, Be open to it be open to the fact that you may be wrong people. And that it may not be a situation that you want to be involved with. And that's okay. But like you said, said, we, we are in ultimate control of that experience. There is nothing that can necessarily and now, before we let you go, I of course want to want to allay the fears of those who have had the full abduction experience, says the frightening, horrible abduction experiences that you read about where where they never seem to find a point where there's relief for them personally, or emotionally, you know, and there are quite a few experiencers out there who, who have who bear a lot of emotional scar, because they have not come to the realization that what's going on may not be the frightening experiences that they remember.



1:07:30

That's right, Chris, that's so true. It all had to do with your perspective. And I had changed my perspective, from hating the Grays to loving the grays. And it all had to do with my perspective on myself and my view on life and, and I played a victim, I was always the victim. So when the grace came to me, I assumed that I was their victim as well. And it's not until I lost the victim by that I started to see the truth. Ah, so it's definitely your lens of perspective, how you recount what happened to you, or how you view what happened to you. Just like on Earth, it's the same thing.



c Chris Jordan 1:08:10

Yeah, yeah. We talk about that with so many guests, and to hear that mirrored in this conversation that because we have quite a large, targeted individual community, within our listenership and within our online communities, quite a few targeted individuals listen, and that is the advice that I've heard from numerous people, whenever they have asked questions about how do I stop this, a lot of it is stop giving them the mentality to feed off of you, at some point you have to have to be the one to step outside of the circle and break the cycle. In order to move forward



1:09:03

as the cycle. Well, the

c Chris Jordan 1:09:07

cycle of your perspective, the cycle of a victim mentality. You know, like you're saying salutely Yeah, a lot of people cannot, cannot get past that and cannot get past the fear to get to the point of enlightenment, necessarily. And they may be sadly seeing it through the lens of previous real life 3d experience. You know, that that was not so happy for them. How do they how do they begin to find that healing self through through your teachings, your lessons, your videos, things like that? How do you how do you help people begin to find that road of viewing these ongoing experiences? send their life in a different, more enlightening and empowering way. Because like I said, for you to go forth now, with your experiences with, with what you wrote in, you have the right to talk to aliens in your years of experience to be going out now. And being an advocate in these response teams with MUFON, to being an advocate, as the emcee at the MUFON conference, I think is absolutely amazing and beautiful and right where you should be. It really is the fact of you, you have done a lot, I think, to guide people on that path to understanding their experience in a different way.

1:10:48

You said that so nicely, thank you. Well, that really is the duty if I could just say one last thing that at contact can be the starting ground for a beautiful spiritual blossoming.

c Chris Jordan 1:11:06

And let everybody know before we let you go, we've got your website up real quick. Where can they go to sign up for lessons? Where can they go to sign up for your newsletter, which is amazing. I love the

1:11:20

newsletter. Okay. Thanks. I just have released one today. Yep. So thank you for showing my website. They're always if you look up on the top, you'll see if you're interested in a soul session or soul sessions right there. If you want to tell me your et story, go to et encounters right there at stories. My alien spirit TV has some links there right there to some of my videos, YouTube channel. And and as far as signing up for my social media, you see that there's a tab there. There's a tab for my newsletter. Yeah, yeah, everything is pretty much right there. Thank you for going through all that with me. My YouTube channel alien spirit TV really gives me a lot of joy. Good. I'm gonna spend more time on that this year. So folks would just like to go look at it, I would really appreciate it

c Chris Jordan 1:12:21

you know, so I get asked all the time by people who I was on the road with doing work and doing like whenever I was on the road doing doing conferences, things like that it was smooth

4045 minimum 50 hours a week of work to put on a show and in addition to that I wouldn't be doing this show at night and they would always ask me like my god how do you find the time to prepare for all these guests and read things and and watch things like I remember whenever we had the guy from last gold the World War Two on the I watched both seasons of that back to back twice taking pages of notes to ask bingo Minerva whenever he came on the show and he was like wow man I've like been on other shows and dumb press junkets and I don't think anybody had questions like that it's just one of those that like I can't not research my guests like that and and get into it this is this is what I'm about. It's what I love. So aside aside from that, you know it's good to see you out there doing what you love and helping change people and helping people view their experiences in an A not so damaging white perhaps.



1:13:58

Thank you. Thank you for everything that you do to thank you. Yeah, your your listenership has grown and grown and grown and grown. It's it's been great. Congratulations. Yeah. Well,



c Chris Jordan 1:14:11

thank you so much. One last time, tell everybody where they can go to register for classes. Everything else. One last chance for shameless shameless self promotion before we hop off to commercial break. And our next guest, Lindsey Charmin talking about astral travel, the do's and don'ts.



1:14:32

Yes, astral travel. That's something that I talk about a lot too. And I have this new online course, the psychic studio, where I do help you teach you give you tips and for guided meditation, so you can astral travel too. It's something that we can all do. That's why I created the psychic studio. It's an online course it's six modules and you get a module every month. thing we deal with a different paranormal ability. Every month, clear sentience. There's clear audience, seeing auras and things like that. And my website is planet sap.com. My YouTube channel is alien spirit TV. Please check out the Canadian TV show that I was featured in. It's called UFO encounters physical contact, that I'll share that also has Terry lovely so that it's done really well. Actually, I have an actress double who plays me. And you get to see her part of her tush with a red X on it. Yes, I have a test double. That's how Wow.



c Chris Jordan 1:15:51

The things that Canadian government will back, folks, literally. Man says it is always great. Having conversation with you getting into these topics. Thank you so much again, for your time, always, I cannot wait to see you at the upcoming MUFON conference.



1:16:15

I can't wait to see you there too. It's

c

Chris Jordan 1:16:18

gonna be fantastic. Things have not officially gone on sale, folks. But you can find out things that next month MUFON symposium.com. It's gonna be at the Sheraton Denver downtown. Hopefully right now. I mean, I haven't seen a whole lot in the news. So I think the fires over there have subsided, things were a little bit crazy over there. But I was watching that carefully. Considering that as an event technician, like man, you know, the things that will change change the trajectory of a show. So glad to see that there was not a whole lot of sit damage up around the area, and the things still seem to be progressing. And I cannot wait to see you there. I'm so glad that someone like you is emceeing be.

👤

1:17:09

Nice. Thank you. Well,

c

Chris Jordan 1:17:14

I would say hold the line, but we have a nest nother guests coming up. So thank you so much for your time tonight. So we're gonna go ahead and let you go. We will be sharing links to this with you. After things post everything else. Thank you again, as always, and we'll talk to you again soon.

👤

1:17:34

I hope so. And thank you for everyone who listened and actually wrote in and asked questions. I'm very grateful.

c

Chris Jordan 1:17:41

Absolutely. Thank you so much says we'll talk to you soon. Bye. Bye. Bye. What a great conversation. There was seven talk. Make sure to stop by. Check her out, folks. The website is planet seven.com. While you were online, checking out everything that is self talk, as well as the amazing MUFON symposium coming up July 8 through the 10th of 2022. In Denver, stop on by the curious realm curious realm.com is the website. We will be right back with you after these messages from our sponsors, folks. With our next guest, Lindsey Charmin talking about astral travel, we'll be right back after this. With the rise in attention to the health benefits of cannabis and cannabinoids including CBD. True him science has become one of the premier providers of full spectrum CBD and CBD related products using a proprietary spideroak process. Through him science extracts maximum benefit from the whole plant buds, leaves, stems, seeds, even roots. Every part of the plant is used and then reused to formulate a rich, complex profile of CBD, CBD derivatives and terpenes guaranteed to provide the relief and benefits you need daily. Visit true him science.com To experience the best CBD oils, edibles and topicals on the market today. And use code curious seven to save 7% off your entire purchase. So \$50 or more and get to 25 milligram CBD cookies or brownies free that website again is true him

science.com and the code is curious seven. The curious realm Podcast is your source for the latest and greatest news and events in the world of the paranormal, esoteric and forbidden knowledge and there is no better way to spark the conversation than with items from the curious realm store. Choose from fan favorites like hoodies, mouse pads, coffee mugs and more. Buy books and items from your favorite curious realm guests. Get your hands on the latest gear for paranormal investigations and experiments we discuss on the show open your web browser and stop by the curious realm store at curious realm.com forward slash store to buy the latest curious realm where and out of this world gifts for yourself, your family or a mind you want to open? That website again is curious realm.com forward slash store? Have you considered starting a podcast? Looking for a way to make your business a voice of authority in an industry than podcast Cadet is the solution for you. Whether starting a podcast for yourself your brand, business school, church, or just playing fun? Podcast Cadette is here to help you navigate the waters of the podcast industry specializing in one on one consultation and training with industry professionals in fields ranging from podcast technology and editing, to distribution monetization and even social media strategies. Podcast Cadet tailors their services to the specific needs of you and your podcast. Do you already have a podcast and trying to find ways to engage and grow your audience? Sign up for your podcast Cadet audit today. And let us help you explore new and exciting ways to leverage your content and elevate your podcast brand a whole new level. From consultation workshops to affordable podcast production and maintenance packages. Podcast Cadet is your one stop shop for everything podcast related on the internet. Visit podcast cadet.com today to sign up for your consultation or training and use code curious 20 to save 20% off your entire purchase. That website again is podcast cadets.com Thank you so much to all of our sponsors out there podcast cadet, true him science, all that kind of good stuff. We have some fantastic new sponsors coming aboard. We would like to give a huge thank you to our guests of talk and her time to this evening. It's always great talking with her I am so so glad that she has moved on in her MUFON career and gone on to the point of becoming MC for their upcoming event in Denver. I cannot wait to see her there. She is such a raving an awesome advocate for experiencers out there. So to have her out there in the world. The MUFON field investigation is fantastic. Our next guest coming up I'm actively bringing up the Kindle book right now. All endings or Beginnings is the name of the book by Lindsey Charmin. How are you doing today, Lindsay, welcome to the show.



1:24:30

Oh, it's so good to be here, Chris, with you and your fantastic audience. And thank you for having me.



Chris Jordan 1:24:35

Absolutely. Well, let's start getting into things a little bit. First off, let's introduce our audience to you what it is that you do exactly. And then we'll kind of step into our conversation about astral travel, which is a hot topic that we talk about in our Facebook group regularly. Things like that. So tell us a little bit about yourself. Lindsey, how did you come in into the field of spiritual assistance with people.



1:25:06

Oh, wow, it's a very long story. Obviously, my whole life I've been deeply spiritually connected

and had, you know different capabilities and abilities and lots and lots of different experiences from astral travel as we're going to talk about to entity encounters, UFO encounters, uncountable you hook into encounters. And so these things have just been a part of the fabric of my life. And I've had, you know, multiple shamanic experiences demonic entity attachments, and healings from those experiences. And so all of this kind of just wove together to eventually, you know, kind of lay the call before me to come and serve people in the way that I can help them heal spiritually, emotionally, and mentally, from all kinds of those types of experiences. Sometimes, they're often very traumatic for people. And of course, as we know, you can find some, some negative beings out there. And so I do work to help people detach from those heal from that and move forward in their lives as an integrated whole. And I'm also have come from a very long tradition of loving literature, and writing and reading. And so it was natural for me, I actually became an English teacher in public and private schools, and I've taught abroad and locally and all sorts of settings. And so I've always been a writer. And so I actually have five books in this newest book, all endings or Beginnings is one of my, what I call a channeled book, I don't know if it always matches the definition of everybody else's explanation for channeling. But it definitely came from source was inspired and is written, not really by me at all, I just sort of birthed it into being. And so I'm very grateful to have done that. And it's a beautiful book that people have found, they can use as an Oracle, they can ask a question and open it up to any page and receive their answer in that way. Or they can just use it as a sort of God shot, you know, don't have necessarily a question, but still want just a dose of inspiration and uplifting commentary and direction in their life on a day to day basis. And so people send me stories all the time that are just so beautiful, of the question they ask the answer and how direct and really specific it is to their question and how helpful that is for them. And so I really love that. And I'm really grateful to provide all those things to people. And then I also do my show roadways and middle path, weekly, multiple times a week, and I have just so much I could go on for a long time, there's a lot that I do.

C

Chris Jordan 1:27:36

Well, you know, I, I find passionate people are typically that way. It's just one of those that when, when you see a need that B needs to be filled, and you can fill it, you just can't not do it. You know, I'm kind of the same way I had somebody right at the beginning of COVID, who my wife and I were taking a couple things off the back burner and kind of moving them to the front burner, and had him come in and help out. And when I gave him kind of the the spreadsheet and the overview of our company and what it does and everything else. He was like, Wow, you are a serial entrepreneur. You just see something that you know something about and you can't not do it. So I fully appreciate your the way that you are with roadways. Because visiting the website, there is a lot there and a lot to ingest. And even going through all endings or beginnings, like you said, the way it was written, and the way it comes across is very easy to ingest. But there's still a lot of information in there.

👤

1:28:54

Yeah, it's very dense, and it can address literally any experience that we're having, which is amazing. You know, it's that universal quality. But like you said, it is easy to read. It's written from the, you know, tone and just, I don't know word choice is everything about there's no pretension in it. Yeah. And I really appreciate that. I know a lot of people get turned off by that term channeling and the experience of channeling or reading channeled things because

sometimes it does come across like okay, so you're this high and mighty holier than thou like I don't even know what this is. And it just there's the tone of it can really turn people off and this is much more down to earth and I think there's obviously a whole breadth of of channeling so I don't mean to put them in a box myself but I just know a lot of people come in contact with that. Yeah, I like that about this text.

 Chris Jordan 1:29:44

Well, you know, it's interesting that you say that because I think a much much like with channeling a lot of people get caught up with the straight terminology of things anyway, paranormal. Even UFO were you wy P, it's like, there is an expectation with that. And unfortunately, that expectation like maybe actively, completely contrary to what is actively going on, like the fact that you're calling something UFO, you're actively defining what it is. We have no idea what it is. It's undefined. It's unidentified, we have no idea what it is. So yeah,

 1:30:29

I mean, that's, it's the

 Chris Jordan 1:30:31

fact of you know, even even right now in the UFO, the UAP community, so many people are stuck on the fact of what we are seeing on video as alien doesn't have to be, it's just an identified

 1:30:45

that's a lot of what I end up doing with people too, is helping them understand these experiences they had, and helping them open up that box, just like you're talking about, but you know, it doesn't have to be whatever you saw on some show, or, you know, some movie or somebody else's experience that can be totally different from yours. And a lot of different things bleed together, there's a lot of overlap between what we call paranormal and spiritual and entity and UFO. You know, it's really good for people to stretch out from that.

 Chris Jordan 1:31:15

Absolutely. And it's all it's all process through your filter of reality to begin with, right, you know, in your filter of experienced reality, we say on this show all the time, like there's a reason why brothers and sisters growing up a year apart from each other in the same house have totally different experiences. Yes, they are individual people viewing things through their own individual filter.

 1:31:41

And this is part of why I try to help people in my own teachings, you know, I teach a course called brighter you, it's a six week course to help people understand their own spiritual gifts and abilities. And I do a lot of, of teaching in various ways. And a lot of what I try to help people understand is like, it's about you and your experience. And you know, when I get a message from my guides in some way, they're giving it to me in the way that will make sense to me. And if they gave you the exact same message, you might see it or hear it or feel it in a completely different way, because that's what will get you to the same conclusion. So when I see a bear holding a rose, I mean, that has some kind of meaning to you. And so her to me, and if I share that with you, it might have a totally different meaning to you. And so it's not going to come through in the same way for everyone. And that's a really empowering and freeing thing for people to understand, is this your specific view. And there's some downfalls to that there's some pitfalls in that, and some biases and some ego and, you know, but there's also a freedom and then you get to play and understand your own way of experiencing. Well,

C

Chris Jordan 1:32:43

and let's start getting into a couple things specifically, because a minute ago, you were talking about clearing negative entities from people. And we, we've talked about that numerous times on the show, we were just talking about it last week, and the concept of how much is the evil in the world around us actually just an egregore that we create by our own negativity, you know, yes, not that there isn't real, true evil, but how much are we contributing to that cycle? You know, kind of the whole Freddy Krueger aspect of if you stop being afraid of Freddy, he'll go away?

o

1:33:23

Yeah. Oh, it's very, very similar. In most cases, most cases of people's entity or dark energy experiences are much more about their own psyche, their own damage their own sort of dark places. And so a lot of what I do when I do ceremony for people, is I go into what I call ceremonial space, and I see what's going on. And I think, I think probably 90% of people want me to come back from that space and say, yep, you've got a demon. That's why everything in your life has been going wrong. And probably only maybe 10% of the time do I come back and say, yeah, there's a conscious, intelligent entity that's attached to you or, you know, attacking you is actually much more rare than people think. And what's much more likely is that our own unexplored psychological and emotional traumas are what's causing these experiences that seem to us like evil. I mean, they would seem evil. I love there's this. Have you seen the show? Is it lock and key? Yes, locking up. Yeah. And there's, you know, the girl Sorry, spoiler alert, but it's from last season, so hopefully, it's okay.

C

Chris Jordan 1:34:32

Spoil away spoil away.

o

1:34:35

The young girl has this experience where she takes her fear out of her own consciousness and kicks it out. It comes out and it's this horrible, you know, wretched thing that's like hissing and

screaming and it's actually pretty dangerous. And she kicks it out and then she's fearless. And she has all these good experiences. Well, that fear now runs around in the real world as an actual, you know, dark sort of entity and, and it's a good metaphor, because we are like that, right? We tend to say okay, At this part of my life was too difficult, it was too painful. I didn't really want to deal with it, I pushed it aside, I pushed it away, or I cut it out completely and pretended like it never existed. Yeah, well, that still exists, you cannot get rid of a part of yourself, you cannot ignore a part of your experience. So that's still sitting there waiting for healing and reintegration. And that process of experiencing that, and even of healing, it can sometimes feel very scary, very dark, very other. And so we do this a lot. We see this a lot and in a lot of the healings that I do, but even that, you know, it's a beautiful experience, to be able to understand that the power of your own psyche, mind emotional and intellectual sides of yourself, and then to be able to reintegrate them and how truly transformative it is, you know, I say to people, if your lived day to day experience isn't different after what you're doing with a healer, like myself or any other, they're not really worth anything to you, you should be transforming your life and having new experiences and having new, you know, perceptions and just brand new, healthy self. And that might take time, I'm not saying instantly You're perfect, but if you're not transforming, it's really not doing its job.

c

Chris Jordan 1:36:13

Well, yeah, it's, I mean, kind of, kind of like, if you're not questioning things, or you're breathing, you know, like you should be questioning something about your life, your reality, your or your place within both on the daily, you know, in the day, you stop questioning what you believe why you believe it. Really start examining yourself, really start examining, because at that point, like you've, you've hit a brick wall in life, almost almost to the fact of maybe you're afraid to grow in a different way. Which is okay, like that's all right to be afraid of change people. Yes. The main thing is much much like anybody with an alcohol problem you got to admit that you're afraid to change that's the first step is

o

1:37:07

like, this is like a game I play for myself now is trying to find things I've never questioned right? Because this is what we're all doing is running around not aware that we haven't questioned this or that aspect of our experience, our life, our personality, you know, our past what we think we're heading for the future. You know, what's going on in the world around us society, politics, everything. And when I find something I have, I love it. I'm like, Oh, yes, like now I get to see like, Where were my blind spots? This is actually really cool for me. And I know not everyone is like that. And like you said, it's, it's okay to be scared of it. It's okay to not feel really excited about it. Like not

c

Chris Jordan 1:37:45

everybody's okay with going to therapy, Lindsay, you know, like, you gotta be ready to look at a really cracked and filthy mirror. And be be ready for what's looking back at you. You know, not everybody's ready for that.



1:38:03

And they say that's actually one of the most terrifying experiences for most people is that moment when you truly see yourself for what you actually are. And it's never what you expected.



c Chris Jordan 1:38:12

Yeah, yeah. And I mean, hey, don't get me wrong. Like, I spent a lot of time in my life doing a lot of good things for people teaching all kinds of stuff. But man, I wrecked the hell out of my life. Like just just wrecked it, like running around swinging a baseball bat for no good reason while I was doing that, you know? So and I mean, that's the example folks as you can, you can be on the right path, doing things and helping other people. Doesn't mean you're treating yourself right.



1:38:50

That's a great point and really true. And believe



c Chris Jordan 1:38:53

me, like those were the times that I had my experiences with shadow people at the end of my bed with Incubus type experiences, Succubus type stuff, all kinds of things. But those were things that I let in and that I allowed to happen, Lindsey and the whole reason I brought up this clear a lot of people may be like, Chris is pretty good about staying on topic. When are we going to get to astral travel? The whole reason I bring this up is a presupposition to our account conversation is because you got to be careful. You got to be careful when you're doing things like astral travel when you're trying to get to that next barrier because you're you're not necessarily leaving a window open. But but you're definitely poking your head through things.



1:39:55

Yeah, no, and this is i worn the exact same thing and it's absolutely true. You know, when you You do have an entity attachment or dark energy or your own created, you know, psychological experience of darkness. All of those are stemming from your, your personal experience, your personal truth and your personal makeup, like you said, you know, when I, when I've had my own demonic attacks, encounters and experiences with these dark entities, it has been because of my own psychological failures, let's say my harms my traumas that were unhealed. And if I didn't have those left open as doorways, those things couldn't have come in. And now I, luckily have healed enough and such that I can not only keep all my old doors closed, and control who and what comes through. But I can also then help other people do that. And that took a long time, it took a lot of work. And it really is, you know, people don't expect when they're working with me a lot of times, I think, for it to be so much like therapy, where it's like, nope, yeah, here's this, here's this trauma, you're gonna have to face this and fix it if you want to really, truly stop this from ever happening again. And so people tell me, like, Are you sure

you're not a therapist, like, well, not a traditional one anyway. And a lot of spiritual work. Yeah, a lot of the spiritual work I do does look like that. But especially with astral travel, then it's exactly the same. If you go out into this dimension, let's call it and you're fully present there and cognizant there, you, you can do all kinds of things, you can see, you know, just the levels of the what we call the real world, three dimensional reality. And you can experience all sorts of aspects of that, you can encounter real people real, you know, what you might call ghosts, or people who have passed on, you can encounter all kinds of different various levels of entities in that space. And you can encounter your own projections and your own creations and you can allow in your own, you know, your mental and your emotional is not quite as whole and healed as you thought you can allow a lot of things to happen, that you didn't necessarily think were possible, or that you could have done, you know, and it's, it's the same thing as what's happening here. In our present, you know, awakened aware of reality. It's just a different clarity and level of it. And it's a different sort of vibration of it. And so anything that you can experience here, you can experience there. So if all of we were just talking about was these ways that you can, through your own trauma and sort of weaknesses, you know, unintentionally allow these things to attach to you and attack you. You can do that here. You can do it there. So, I don't suggest to people when they tell me I want to go, I want to ask to travel. I want to learn how I say that's fine. But first learn how to protect yourself, and how to be really safe. Because I don't like to scare people, but I want people to know the risks.

 Chris Jordan 1:42:40

Yeah, yeah. Well, I mean, there was a, there was a turn of phrase that we had in the seminary when I was there, that wherever God is strong, so is the devil. And the funny thing is, God's pretty good about announcing his presence, you know who's really not? Yeah. It's gonna be like, Hey, yo, what's up? Just so you know, I'm right here

 1:43:13

to be like, No, I'm just this little kid. I swear I'm so so you just hang out with me. Like

 Chris Jordan 1:43:19

we say it all the time on this show. Lindsay like, I have a lot of books over here on my shelf, a lot of guest books, a lot of books like hey, yeah, I've, I've got the, you know, the books of Solomon, things like that. I've read the books of Solomon, am I going to go out and start scribbling chalk circles on my, on my floor and trying to you know, summon lamb? No, no, right. I'm not. I'm it's one thing to have the knowledge, it's another thing to execute the knowledge, especially whenever you have to fully understand in your own humility, that you are not that the power to execute over that was divinely given. Yeah. by God to Solomon, like you are in control of this. Go forth. That's not the case with all of us, despite being breathed into by the Divine and creation, if you want to say it that way. From the from the Kabbalistic point of view, stuff like that. But yeah, that definitely, that doesn't mean that we can't create that doesn't mean that we can't make that we can't astral travel. Just that you need to be careful.

 1:44:42

Right? It's exactly and it's true. Even you know, with the work I do I do I as described earlier, as being called to it and I then that's exactly my experience of it is that, you know, God, angels, my divine guides, told me like, now it's time for you to do this. And I I'll tell you, I had hesitation And even then, which is hard, because I want to trust, you know, and I want to be, you know, though that's a, I feel so blessed to be able to receive messages at all that I don't want to ignore them. I feel like that's almost, you know, what we could call us in. And so I don't want to ignore, but it was, it was rough, it wasn't something that I thought that I shouldn't be doing necessarily, or that was safe. But I understood at that time, when you're called to it in this way, and you're offered the protection of your angels and your guides, then that's a different story. And so I say this, I say this to people as well, if you don't feel really inspired and really called to do this type of work. It's one thing to be curious about, it wants your own experiences, just to sort of prove to yourself because you have this skepticism that's natural, and I totally get that I'm the same way. I'm skeptical of everything. If someone tells me they have these abilities, or, you know, I just like well, maybe maybe not, you know, we'll see. And so I get that and you want to have your own experiences, and you want to prove to yourself these things are true. And it's true. It's it's, it's a powerful time, when you do experience, anything that shows you that there's more going on in this physical reality. And again, you want to do it with full knowledge that good and evil both exist, and that you get to choose you have you have free will for a reason. And so both sides are going to be vying for your attention and your energy. And so you know, you have to know what you're doing and what you're getting into. And, you know, only go where you feel safe to tread.

C

Chris Jordan 1:46:30

Well, let's start talking about that treading now because I mean, not that the caveats are not important. The caveats are hugely important. Once again, I try not to go with that. With that. Doctor Strange, you know, the the warnings come after the spells. I tried to give people the warnings beforehand, before we get into these conversations, because I've done my own dream work, things like that. And it granted that was a little bit different than purposeful astral travel, it was much more going to sleep with the idea of finding an answer. You know, like, I was going to sleep with a task, same way as like, go into the grocery store, and on your walk, they're going, alright, man, we got butter, we got milk, we're gonna get some bread too. Those are things I'm saying same thing I was going to the grocery store with intent, I was going to sleep with intent. But astral travel is kind of the step beyond that, let's start kind of cracking the nut real quick about how to prepare yourself for that. And, and what the first steps are to that.

👤

1:47:47

It's, it's really different for everyone, because there are people who automatically just astral travel. And I don't even know if some of them know that's what they're doing, to be honest. So you know, they've never heard of this, they're not in the sort of woowoo spheres. And so they just think they have a really cool really vivid dreams that they get to like, do whatever they want and fly and go to the pyramids or you know, whatever, go out to space who knows what. And so I think that that just happens right? And it's the same with any spiritual skill or ability. There's just some people who are naturals. There are some people have been psychic from the birth, you know, there's all these sorts of things. And then there's the rest of of all of us who

have to try after work at it. And so I do, you know, give a couple of options of how people can try to astral travel and start to prepare to do that. And one of my favorite methods honestly, is Hemi sync. Are you familiar with Hemi sync?

c

Chris Jordan 1:48:41

Oh, absolutely. We talk about Hemi sync all the time. I am actually a binaural beat musician. I make tons of music with stuff like that. So yes, we are very familiar here on this show. And with this audience with the Hemi sync process.

o

1:48:57

Yeah, so you guys all know, and I really liked the waves, whatever you call it a curriculum. So waves, you know, they that entire set of series of albums and experiences guides you step by step to, you know how to then astral travel and astral project. And I think it's really powerful and really effective. And I don't know anyone who's tried it, who hasn't then had those experiences, you know, if they're doing it correctly, and have the right kind of headphones and everything and are just going along with it. So I just suggest that to people if they can afford it, and if they want to, and they trust it. I know there's some people who don't trust it for whatever reasons, and that's fine, too. You should never do anything you don't trust.

c

Chris Jordan 1:49:39

I can perfectly understand why some people wouldn't trust it. We actively have a large targeted individual community who listens to us. And when you start talking about the nefarious ways that that same exact carrier wave can be used I can understand why some people would be like Manny, I understand you're trying to get maybe like a little bit more creativity or a little bit more Delta REM sleep, you know, and that's why you're using these things. But isn't that just as dangerous, aligned to trust as not knowing good from evil when your Astral traveling?

o

1:50:21

Yes, absolutely. So I have trust for it. Because I also know again, I've this ultimate faith, because I've experienced over and over again, my guides, my angels and my ability to resist anything dark and evil. And so, you know, hopefully, that doesn't ever become a blind spot. But I just, I'm so practiced at these things that that was easy for me to go into and trust. And, you know, if you don't want to do that, there's some simple ways to just become lucid and dreams, which then can project you into astral travel after that. And one easy way I love is asking yourself multiple times throughout the day as often as possible, am I sleeping? And you do it genuinely right? You just ask yourself genuinely, you don't just do it, like, Oh, I'm just practice. I'm just saying this and then moving on, you actually sit for a second and check in am I am I sleeping right now? And of course, most of the time, you're gonna say, No, I'm awake. That's why I'm asking myself this question. And I told myself, that I set my alarm to go off every hour on all day long to ask myself this question. Yeah, I'm awake. But you do this. Usually the first day, right off the bat, it happens. But you know, maybe a day or two later, you've been asking

yourself, and all of a sudden you ask yourself and you are dreaming. You say, Oh, I am asleep. And now you can at least go lucid, right. And so you can at least start to run, fly, do whatever you want to do in that space, which is really fun. And the first thing that happens to most people, whatever method they're trying, whether they're going lucid or going astral, is they get so excited, or so scared that they pop themselves right back out of the experience. Yeah. And so it does take practice, right to stay in it. And to be sort of calm and just accept that this is what's happening and don't over, you know, stimulate your own mind. Or get really emotional. Yeah. Because you will, you will pop right back out.

 c Chris Jordan 1:52:11

Yes. And it can be very easy. I remember when I first started doing my dream work, and it was the fact that same thing, like you have to learn that you're asleep. Yes. And you have to learn to recognize that whether it's like a visual cue on your hand that you give yourself like a hand gesture or what have you. But you have to be able to cue yourself that you're asleep. And be aware of that. And that in and of itself can take a little bit of practice. But once you get the the scary part is that is that falling sensation that a lot of people get?

 1:52:56

Yeah, it wakes you right back up. Yeah. And

 c Chris Jordan 1:52:59

the thing, is that kind of, in a sense associated with with going there, yes,

 1:53:07

right? Yes, that you either you either usually twist to one side and sort of roll out and either way, you're sort of moving down towards towards what we perceive as the ground, or that falling right right out of your body. And then the next thing too, that often happens is when you start to move, it can be really disorienting for people because movement is totally different, right? You're not picking up one foot and moving an arm and your torso, you're just moving. And that it's just a it's just a balance, you have to learn to strike between like keeping your focus and attention on something's clearly enough that you just move sort of gently towards it, or swiftly, if you like swiftly, you can move anywhere in a moment if you like. And that's fine. But that can be really disorienting to and people can try and almost like impose a physical structure on their energy body that gets really clunky. And then I had this experience really early on, you know, where I tried to move, but I was also trying to move a body and I just started spinning out of control. And I just it woke me back up again as well. So there can be a few things like that, that you just want to know are coming and sort of think about and you can even practice these in your mind as a visualization before you go to bed. Right? You can visualize, okay, I'm gonna maybe fall out of my body. And that might be kind of jarring, but I'm just gonna roll with it. And then when I get into that experience, I'm gonna, I'm gonna purposely just move maybe a little bits at a time by focusing on something and just, you know, expecting to float towards it or just be there suddenly, and I'm just gonna visualize how that

might feel and how, you know, accepting it and being calm about it. And then I'm gonna visualize to like, well, what's my What's my goal, right? Like having a goal is also nice. I'm like, I want to go to the pyramids, right? So I'm gonna visualize that I'm gonna visualize me focusing on the pyramids and then being there instantly. I'm gonna send it instantly fly, you know, like a like a wormhole opened up and just be suddenly there. And when I get There, I'm gonna hope to see this or that or do that. And you can start to practice these things ahead of time. Because just like we've shown this over and over again, in actual, you know, materialist scientific studies, that visualizing something is practicing it is the same as actually doing it to your brain in your subconscious. So when you visualize these things, you're practicing them so that when you actually get there, you have a higher chance of staying in it and moving in those ways.

c

Chris Jordan 1:55:27

Yeah, absolutely. A prime example I, one of the ways that I get myself to sleep, I can't count sheep. But I build racks. Ah, like the the racks of equipment that you see over my shoulder here in my studio, like that's what I do is, is actively build racks of equipment and flip them around and start wiring them. I love that. And that, that's my relaxation. That's, that's like my Xin zone is wiring racks of equipment. So whatever it takes you to reach that point of relaxation and release. There's really a difference between sleeping in release.

o

1:56:14

Yes, yes, let's get

c

Chris Jordan 1:56:17

into that real quick so that people can understand the difference between the two, and how to how to kind of start quieting that monkey mind that exists in all of us, as the Buddhist monks would say,

o

1:56:31

yeah, it is really different, like you said, and it's really smart to point this out to people. And this is why a lot of people will find that they might just not be able to astral travel or do this type of experience. Because often trauma or this level of mistrust, or fear is just not going to subside, right. And so that can happen. And that's okay. And this is actually one of the things I going back to what we were talking about earlier, the more you heal yourself of all of your emotional, mental, and even physical maladies and traumas, the more likely you're going to be able to have these types of experiences more clearly and purely. And honestly, the more likely you're going to be able to protect yourself during these experiences. So it's just very smart to know that and if you are having a lot of trouble, this might be the reason right, you might have an emotional reason like fear or mistrust, you might have some mental like that monkey mind is just keeping you reeling and reeling through this past and future past and future, you know, not being in the moment. And you might have some physical things going on. And we can't get into deep sleep. For example, most of us if we've got amphetamines or caffeine or any of these sort of uppers that are somewhat prevalent in our society, it's going to be a lot harder, it's going to

be a lot harder. If we've got downers, you know, if we're taking like NyQuil PM, or like, that's not gonna help you much, right. And if you're not kind of eating in a way that your body can be at rest when you're sleeping, and feel calm and not disturbed by digestion. Like, there's all these things to think about too, and being hydrated and all of that. So really, it's like anything, the healthier you can be all around, the more likely you're going to be able to have these really good experiences and that pure release, like you say, because you really are, it's, it's a trust that's at a subconscious level, that you know, that you can experience these types of things just like you would day to day walking around outside, seeing the sunshine, smelling the flowers,

 Chris Jordan 1:58:21

why literally in your most vulnerable state that you could ever be.

 1:58:26

What a contradiction, right?

 Chris Jordan 1:58:28

Yeah, no, like, like we were saying earlier, all of this frames within the world of therapy, you know, because in until you're comfortable with yourself, are you gonna be comfortable enough to release? Yeah, that's, that's the question.

 1:58:48

It's very true. And you're, again, I worked for how long decades to develop relationships with my angels, my guides, my allies. And so I have this deep trust and this deep faith, you know, with God and with all of these different aspects that I work with. And so whenever I have any type of experience, I, it's very easy for me to be in complete trust and release, because I don't have fear because I've seen how powerful they are and how even if something wanted to come and focus on me or attack me, I have much more powerful allies than I could ever be. And I think a piece of this too, for me, that maybe we could talk about now too, is that I don't even choose to astral travel or do anything like that anymore unless I am guided to or asked to and then I don't even really have to try because it's being kind of managed for me almost right my old experiences of having done it are there and so there's that experience but it's like most of what I do now in any kind of healing or spiritual work I do it because I was asked you are called to and that is also the safest way I think you could do anything because then you know, for sure there's something bigger and powerful than you on your side the entire time, which I mean, I will also say, we all do have that around us as much as we've kind of talked about the negative and the dark, we're much more surrounded by what you would call the light and the good. And they're always there, whether you know it or not. So, you know, count, count yourself blessed. You're surrounded by love.

 Chris Jordan 2:00:24

Absolutely. And, you know, it's it's the sad fact that, unfortunately, what one cup of bad is 10 times is massive. Wait wise is 10 cups of good? You know, it's it's kind of horrifying in that right? Like, all it takes is one negative thing, to to destroy an entire process of manifestation. Quite literally, it's I mean, it's like playing Jenga in the universe. And with that in mind, I know that we only have you for about another 15 minutes or so. Lindsey, let's, let's start explaining to the audience real quick, because of course, astral travel, like we said, can be used for so many things, and you don't you don't even use it that much anymore. Right. And it's mainly because there's, with it comes a realm of responsibility. And, and a realm of, I guess, really, accountability also.

2:01:31

Yeah. And risk. Yeah. Right. Like we said, yeah, so I'm at the point now, where I know, I've satisfied my curiosity Long, long ago, I know, these things are real. And so I don't need it for myself. And if I'm not, you know, going out there with a purpose and and, you know, maybe on the behalf of others, then there really is, is no point to it. One of the last astral experiences I had I was, you know, with a cast of entities. And at the time, I really, I didn't, I don't know, are they good? Are they bad? Like, I was not very good at this whole thing of, of understanding. And maybe we can talk about that, too. How to know what is good or bad. Yeah. But I didn't, I didn't really have that. And I was just kind of stunned into trust, maybe I was like, I guess we're doing this now. And we went on some sort of a craft and we went far, far, far, far out into space. And we went so far so fast, that I really understood there was nothing anywhere where we were that we could even be remotely close to humans on Earth, understanding at that point in time, or most of them, at least of what the universe actually was. And we went so far out, and they they said, look out this window, you know, see what's out there, and I looked, and they said, This is everything. And I was like, everything I get this is what you call the universe, this is everything. And I was like, This is crazy. I was like, how big is this, like, you wouldn't have an ability to understand that, you know, if we told you and at the center of everything was what looks like a giant black blackness, you know, maybe it's a black hole is maybe what it is. And there's there's light around it shining from it, but it was definitely this dark, almost emptiness. And on either side, everything exploded, kind of like a figure eight, and in both directions equal and opposite to each other. There was just light and stars and clusters and colors and glowing and everything and, and it was so beautiful. And I just took my breath away. And I don't know how long I just stared at it just wondering and looking at different details. And they said, Look, you live over here and I was very far and what I was perceiving is the right, the right side of things over to the right and very far out into that figure eight, you know, towards the wider and they said that's where you live. And then we started rushing back that direction. And then eventually like, after going deep in that direction, we finally got to you know the Milky Way and then we got down to finally Earth and that's how far back we had gone and and a lot else happened on that experience. But I just look back on that and I think I don't need anything else like I I was shown literally the universe and where I live in it and a whole lot else and so those experiences are I think it can be like a drug for some people you know where they are then addicted to this, what they perceive to be power and what they perceive to be this unlimited realm of pure information you can find anything know anything find anyone and and you can get lost in that. And I don't think that's what we're here for. And so I think it's good to have those experiences. I think you can use them for so many good things. And I think it's good to have some balance with it as well and a whole heap of discernment.

c

Chris Jordan 2:04:57

Yeah, well, you know, Wait. It's kinda like those that explore Wicca and witchcraft. Yeah. And ended up going down a route of power seeking. Yeah. And and it's, it's sad and it's scary when you see it happen to people that you know, a hack. One of the things that we've talked about on the show for the last many years was the coven of witches that tried putting a curse on Donald Trump before the 2016 election. And it's a clever think that maybe all that madness was your fault. Because you tried to do it again at the end of his presidency.

o

2:05:39

Oh, God,

c

Chris Jordan 2:05:40

you didn't even learn your lesson the first time?

o

2:05:43

Well, they probably have so much hubris. You don't even consider that you just said Yeah.

c

Chris Jordan 2:05:50

And it's like, wow, how did how did you just forget that? That three fold teaching? At what point did you forget rule number one do no harm? Yeah, that's, that's, and even the same thing with astral travel. Like you were saying, let's definitely start getting into that discernment and distinction. Because it's, it's hard to do that even even in your everyday life. When you meet somebody, whether they're a friend of a friend or somebody, you know, just on the city bus. What have you that that realm of discernment of how trustable is this person? I was one of those people that I learned later in life, what a blessing it was that people just trusted me. Yeah. For some reason like it to this day, one of my very good friends, we laugh and laugh about the fact that the first night she met me she It was like she was in confession. Yeah. And she was like I am, you know, me. I am. I am one of the most guarded people in the world. I know. I know. I don't know what it is, like strangers in the grocery store will just start telling me the most intimate things in the world. Yes, and it's, it's strange. But it's also a huge realm of responsibility. And something that I didn't realize until later in life, it was a huge realm of responsibility to have. Because it is a gift for people to trust you in that way. Absolutely. How do you get to the point of trust within yourself and trust of the discernment of these entities that you run across gearing astral sessions? Lindsey? Yeah,

o

2:07:55

that's a great question. And there's so many tips and I teach classes actually, about this too, about discernment and protection, and especially in these spaces, but that trust like you describe I mean, that's, that's the gift of a natural healer and teacher and I have the same

experience in my life to where people who I do not know, I'll just come up to me and we'll start talking and they will tell me everything you know, and I always get that you're a really good listener and a very trustworthy Thank you like you said, it's a huge honor and it is a responsibility and it is a gift and and to be able to use that for Good is amazing and beautiful. And people's downfall usually lies in a couple places. And one is one is where we just don't see it coming right? We see this a lot of time with serial killers and all kinds of psychopaths where people just say well, Sky such a nice guy. Yeah.

c Chris Jordan 2:08:45

Oh, my dog when I was away, I don't know when I read him, but he fed my dog.

2:08:51

Yeah, exactly. And, you know, you have to really get yourself to the place where you see that evil exists. And that's just most people aren't there because they're good. Why if they're so good, how could evil be so dark, right? Or why would anybody be this dark? And so we have to get past that being really good people and not expecting it we have to expect if say, Yes, evil exists, and it exists at every level, right? Like this in the spiritual and then the physical and the human and the animal exists everywhere you can find it. Life, basically, it is where it's going to exist. And so once you know that's true, you then don't want to fall into that paranoia or just trying to see it everywhere or thinking that it exists everywhere. Right? That's also not helpful. But you do want to do it's almost like that question. Am I asleep right now? You know that you're gonna ask yourself and genuinely check in you want to ask that of every person, every being every entity that you encounter? Is this person, okay? And you really check in with yourself and he all humans have the ability to sense that type of energy. Whether we know it or not, or trust it or not, is it's a different thing. Whether we can choose to use it or not as a different thing, but we all have it. And we've all experienced at the very least, this feeling of, you know, walking into a room or maybe meeting someone for the first time and just not sitting right just feeling like I don't really like this person. I don't really want to be around them. I don't need

c Chris Jordan 2:10:17

to be here right now.

2:10:19

Yeah, turn around. Why

c Chris Jordan 2:10:21

that? Go?



2:10:23

Yep, exactly. And you trust that and you start to then check in with that on purpose and develop it. And you can practice right you can sit in your home and you can practice you can say, to someone we know for sure is evil. Okay, let's say Hitler, right, we'll sit and and put Hitler's face in your mind, unfortunately, say his name out loud and see where the energy is in your body. See how it feels physically see how your emotions change, see how your mind starts to change, right? And then do the opposite, say, let's say, Jesus or something, right? We're gonna hold Jesus in our mind and and really feel that Where do you feel that how does it feel? What does it you know, seem like to you and you can start to train yourself, to use those and those skills are all with you in your Astral traveling as well. They don't go away. Even if your physical body goes away, you have that feeling that feeling feels physical to you right now. That's actually an A spiritual, a psycho spiritual sense that you have, and it goes with you everywhere you go. So you could be astral traveling. And you could see a something that seems like a person or a plant, or any sort of, you know, any level of cognition, you can ask yourself, Is this thing good? Is it bad? Is it neutral? And you can feel that answer. And if you want to go further, in my own shamanic training, you know, I was trained to ask, are you good, true and beautiful? Do you serve the highest good. And my experience and this is controversial in a lot of other people's experience, my experience in the astral and in the spiritual and in the ceremonial spaces is that those things cannot lie. They can use all the tricks just like politicians do to avoid answering directly or avoid really telling you, but if they're giving you information, they cannot lie to you. And so I ask, Are you and if they don't answer, I just avoid I leave. I block them out. And I'm gone from them. They're gone for me



Chris Jordan 2:12:14

how much? How much of that deception is of our own doing than Lindsay? How? How much? Yeah, yeah, whenever an entity, let's say, you know, quote lies to us. Yeah. This is how much of that deception? Is them lying? Or how much of that deception is us?



2:12:37

Us wanting to say? Yeah, well, this is a great point. And I I'm glad you said that, because I wanted to bring it up. And I have a perfect example of a entity that was attacking me demonic energy. And when I first encountered it, I was very, very new to all of it, I was very unsure. And I looked at it, and I thought, oh, that's evil. My first instinct was this evil and dark and horrible. But then I thought it started morphing into the shape of a little girl. And I started glowing. And I thought, oh, it isn't evil. It's just a little girl. She just needs to go to heaven, or whatever she needs to go to the afterlife. Yeah. And I was. And I remember, I feel this now. And I understand it now. And at the time, I didn't that this was playing to my ego. And my bias, my bias is that children are good, right? So therefore anything looking like a child is good. It's not true. These students can appear however they want. And so if it wants to appear as a child that can that doesn't make it good, right. And then my, my ego was saying, Oh, you're special, Lindsay, you can help ghosts go to heaven. So this was a playing on that ego, like your special look at you this, this goes came to you, because you can do this thing. So dangerous. It's so dangerous to think that we are this power energy of any of our spiritual skills. It is like you said that spark of God or that you know, internal light, that's true. That's the channel for it. But the source that it comes from, is beyond and above us. And we can almost not even understand or describe it. And to take claim of that and to take that into your ego and say I am special and powerful is a

very dangerous place to stand and that they wanted to play on that part of me that was weak enough at that point in my life to say I'm so special look at me. So those two things are very dangerous, right? My bias and my ego and that's true for all of us.

c Chris Jordan 2:14:33

Yeah, no, I mean, I can even say that. Mo what? The experience that I tell people all the time is why I have this show why I've had people like self talk on who wrote the book. You have the right to talk to aliens. She's had her own experiences you've had yours. I had mine, oddly enough at the altar and and was He called to go serve much like I was called to serve. I was also called the leave. Kind of with the voice of Johnny, thanks for playing what are his parting gifts? But but at the same token, the same feeling that I had and that's what confused me for years was it the same feeling that I had, that called me to come experience? Called me to leave? Yeah, um, and that's a hard reality to face, it's a hard reality to face for a lot of people. That that that same sensation can be tied to two such polar things, which are really both still asking me to come experience both. It took me years to realize that it took me years to realize a lot of good things from that year, a few years, even after have the experience of that. But it is specifically because of that singular moment in my life that I have done so much. And that I trust so much. When I have that same feeling like right here, behind my ribcage, where it's like somebody's tied a kite string. And they're pulling. I do not question that. Yes, in any way, shape or form? I do not I follow it like a muscular response. I don't, I don't doubt it, I don't question it. I know exactly what it is. Now. Once I get to wherever I'm at, we'll evaluate the situation and figure out why I was pulled there. To help somebody or to help somebody get rid of something, what have you. But it's it is because of that, that I have these conversations with people. It's because of that experience, that I'm willing and ready to experience other things and open to the experience. Because had I not been open to what that was, who knows where my life would be?

o 2:17:26

Right? When you have that depth of experience now and you know, that genuine process, like you said, of, you know, it's taken years to sort of understand some of it and put it in place. And to get to that level of trust that that is something that I think people should think about too. There's a lot of people out there who have an experience. And it might be even the first and then they just go running and screaming to everyone like, Look at this. Now I know, here's the thing, this is the truth. And I feel like anybody who's out there really loudly screaming to you that they know for an absolute fact that this is the truth and that you should follow them. Or you should just question that. Exactly when

c Chris Jordan 2:18:05

anybody decries absolute, began to questioning?

o 2:18:09

Absolutely.

c

Chris Jordan 2:18:13

That's just a huge point of point of question in my mind. And once again, like we said earlier, if you're not questioning, are you still alive?

♂

2:18:23

Right? So keep questioning. And then, like you said, though, those of us who have had these experiences over and over to such a level that, you know, all our personal questions have been answered. And we do have this deep internal, empathic, psychic soul level, trust. There's a a that's where faith really comes in for me. And it's not the fate of like, I've chosen this religion. And so I put my faith in it. It's a faith of I have experienced it on a soul level on an internal, intrinsic level, every, every fiber of my being understands this truth. And it's ineffable. I can't necessarily always explain or describe it to someone, but I know my faith, which I don't have to have anything but inside of myself, for myself, is unshakable. And I've had I've had people say to me, you know, you need as you need some faith, and I just laugh. Like, I think I have more faith than most people ever get to have. And I feel so blessed for that, to know, on such a level and to have such trust.

c

Chris Jordan 2:19:21

Yeah, yeah, precisely. And at the same time, much like any knowledge with a capital K or truth that the capital T that can become burdensome, you know? Yeah. Especially if if you're not used to bearing that weight, or that, I guess, magnetic draw from the world around you. And as you become more adept with these things, that magnetic draw tends to increase. Yes. People coming to you to find out what changed, too. needs to increase how what advice do you give people to be able to cut off and remove not necessarily cut off but remove? Because cut off I think is dangerous Lindsay. I myself am I am trying to find a path back to a lot of things that I were once the the E is a breathing or taking a shower for me that are now like I'm trying to run a spiritual marathon. Yes. Trying to attain and it's not a fact of age. It's a fact of brother didn't flex that muscle for a long time and chose not to

♂

2:20:44

write atrophying. Yeah, literal atrophy

c

Chris Jordan 2:20:47

from, you know, I can't put it any other way than running from obligation. Yep.

♂

2:20:57

Yeah. No. And I totally understand that too. And I've had my own level of that. And I always, you know, I had this shamanic experience, and

c

Chris Jordan 2:21:07

I can't change it. So yeah, I

o

2:21:10

had this shamanic experience in Ecuador that I didn't intend this shamanic leader just pulled me out from walking by on the sidewalk and said, you and I need to talk come into my office. And we went, we had this talk. And he ended up performing this profound healing on me that I really desperately needed. Actually, he taught me a lot. And it was very synchronistic and beautiful. And one of the things he said to me that played out the next day in an exceptional way that just underscored everything he had said, so he said, that, well, what are you doing next? Or something? Or what's your next step? What's your next plan? And I told him, you know, our travel plans, and he started laughing and laughing. I said, What's so funny? And he said, Oh, you still think you get to plan? And he just laughed and laughed, and I said, What do you mean? He said, You'll see. I said, Okay, that's sounds nefarious, but we'll see. And the very next day, I had this experience of my whole day being twisted and turned around in ways I couldn't have foreseen and really frustrating ways. And the whole day just kept failing, going wrong and wrong. And by the end of the day, I came to this spot in the city, I'd rarely I'd been in, in one day, I walked around a corner and all of a sudden, the scene played out. It was exactly the scene from a dream I had had a year and a half before. I'd completely forgotten the dream, because I have tons of dreams. And, you know, it doesn't necessarily mean anything to me. But all of a sudden, this was the dream. Walked into the dream. Yeah, I walked into the dream, there was helicopters flying over, there was a huge crowd of people. Suddenly, in a parade that was blocking this freeway, they were waving rainbow flags. It just the dream made no sense. Because I was like, why is it helicopters and rainbow flags? I mean, like, what is this, but when I'm here now living it, I was like, Oh, my God, this is that dream, this is that really weird dream I had. And then I just knew if I run down this block, and I turn left, and then I turn right, I'm gonna see this white church, and it's gonna have a sound in front of it. And I ran down the block, and I turn left, and I turned right, and there was a white church with a fountain in front of it. And I sat down about this, and I looked in the water. And I heard that shamans words from the day before, saying, You still think you get to play him, you know, this a year and a half before, but I was in a situation in which that day I plan to do a tea are gonna go here at this time, do this catch this bus. None of it happened. None of it happened. But I still ended up exactly where I was supposed to be. And so I just have this, you know, I have this intention, I have this connection with my guides and my soul. And I can put that intention out and say, hey, look, I really would love to experience this thing. Again, I know, I stopped a while ago because of fear, or because I just shrugged it off, or I just didn't want to go there. But I'm ready now. And I really feel that and, you know, can you help me understand what I need to do in order to get back to that, because I really want to, and especially in this pure way, you know, where you're saying, like, I want to do this for myself for my own healing, I want to do this for other people and for their healing. And I am to sort of serve in this way, and take that responsibility on then, you know, then you can find that that sort of shifts back into your life just in that way, just in that intention. And that requests that genuine, you know, Soul level requests. And I think that's more powerful than people think. And that's kind of the heart of, of manifestation, but

you're doing this on this sort of soul level now, you know, and so maybe you can't necessarily plan for it, but you can head towards it energetically, and request it and bring it closer and closer to you.

 Chris Jordan 2:24:33

Absolutely, absolutely. You know. Much like much like running any marathon, you got to run a bunch of many marathons. Yes, you know, it's regular work and once again, that even the stuff going on with me, it's one of those it's just a muscle that I haven't flexed in a long time. I just gotta go back and hit the gym. I know where the gym is. I know where to go get a membership, Lindsay No,



2:24:59

no Just like, oh, like I

 Chris Jordan 2:25:01

don't know where the gym is, or I don't know how to like, go get a membership, you know? Excellent.



2:25:07

Yeah, and how each machine works and just like the gym, you know, just like that there's going to be every possibility of testing your weaknesses, right? Oh, you thought you could live this match? Well, now you have a starting muscle. So you gotta you gotta watch for those two. You know, we all do.

 Chris Jordan 2:25:26

Well, with that in mind. Before we let you go here, let everybody know where they can go to sign up for your brighter use seminars, where they can go for Day of brightness, for spiritual guidance from you where they can go, of course, other than the curious realm store to buy your books, all that kind of good stuff. It is time for shameless shameless self promotion on your part.



2:25:53

I love it. Thank you so much I do I feel very blessed and lucky to be able to offer these things to people and roadways.org as the hub for everything I make Oregon as well. I'm very excited about these new Lotus votive holders that I'm creating that are grown and they're really powerful, beautiful creations, you can get custom ones as well. So those are there, all of my books are available on roadways.org. I do tarot readings for people, I do the spiritual healing, like we talked about, I do both energy and sound healing and I do ceremony. So there's all sorts

of levels and options for people to choose from. I also do just sort of what I call a guidance session for people who might have some level of, you know, understanding experience, but they just want to kind of bounce it off someone and see, you know, kind of check in of where they're at, or where they should maybe go next. Or maybe they have no experience in any of it. And they just want to know like, Well, how do I start or kind of what's going on all it can just be very flexible for people. So guidance sessions are nice. And of course, my show roadways and middle path are linked to there too. But one day of brightness event is so fun, I get some powerful practitioners and master teachers, and we get together and we just have a day that's focused on uplifting and healing ourselves. It's usually about 20 to 30 people and about three or four presenters or teachers. And it's not your normal like conference sort of thing. It's very interactive and participatory and it's meant to give you experiences that you can directly heal from during that time but also take with you into the future and apply to your life. So you may learn skills and abilities while you're there and have healing experiences while you're in one day of brightness. And finally brighter you is my six week course that I do. Generally in between each one day of brightness which is the usually on are as close to the solstice and equinox as we can get each solstice and equinox. So this next one is March 27. But in between those I do that six week course and it's really for people who like we said feel that call feel like they are drawn to serve and to find their spiritual connection and their spiritual skills and abilities and really learn how to open those up how to uplift them and how to tap in so that they can continue to grow and what I say to people and brighter you and in anything I do is the goal is that you don't need me right the goal is that eventually you leave me behind and you're just on your path and you have all the tools you would ever need in order to continue to experience whatever you experience encounter whatever you encounter and continue growing and so that really is the goal and brighter you is that you get your whole foundation and I'm here for you afterwards of course forever but you know you won't necessarily need me and that's a good thing.

c

Chris Jordan 2:28:34

That is exactly what is supposed to happen. So yeah, good for you for doing so. So many times you hear about people where unfortunately they take advantage of folk Yeah, you you do not seem that way at all. So

♂

2:28:51

now I really my goal is to empower and uplift and release everyone to go do their thing once again

c

Chris Jordan 2:28:57

everybody stop on by check out rogue ways.org for everything. Lindsey Sherman Lindsey thank you so much for your time today. Please do hold the line while we close things out. While you're online checking out everything from Lindsey Sherman make sure to stop on by the curious realm curious realm is where you can find all the episodes that is where you can find all of the store also stop on by and check that out folks we have a great new shop with all kinds of awesome epic curious Rome stuff I am running the show from a curious Rome mousepad as we speak in addition to that, you can also find all the books from our guests. We have a brand new

guest page actually stopped by and check that out. Links to all of our guests down. So stop out by check it out. Curious realm.com forward slash guess until next time everybody. Take care of yourselves take care of each other and remember, stay curious. We'll talk to you soon. Bye bye. Thank you for tuning into this episode of The Curious realm. Stay tuned for more guests forbidden topics hidden hidden truths. Download the official curious realm app and view the knowledge balls on our website curious realm.com Follow us on social media by searching curious realm. Curious realm is available on your favorite podcast services as well as YouTube, Roku, Amazon Fire and Apple TV through the APR TV app available on all app Marshalls. Curious realm as a proud member of the HC universal network family of podcasts. For more great content or to become a sponsor of curious realm or other podcasts, visit HC universal network.com today. Thanks for listening. Stay curious. And remember the other side is watching